

# Ferry Beach Packing List

**As you are packing, please keep in mind you may end up getting wet and muddy on some lessons, so plan on bringing older, more comfortable clothes that you don't mind getting dirty.**

## **Necessary Items for Overnight Stays:**

- sleeping bag or sheets & blanket (A twin sized sheet is needed even if your child brings a sleeping bag)
- pillow
- 3-4 pairs of long pants
- T-shirts and long sleeve shirts
- sweaters and/or sweatshirts
- several pairs of underwear
- thermal underwear &/or sweat pants
- 8 pairs of socks
- mosquito repellent (cream or stick only, no aerosol cans, please)
- shorts (not for lessons, but for free time and recreation)
- **SHOES – We expect every student to have each of the following: (3 pairs total)**
  1. sturdy shoes or boots for hiking
  2. sneakers for leisure time
  3. Flip-flops or sandals required for playing on the beach
- **waterproof poncho or raincoat**
- jacket (warm & windproof)
- hat with brim (baseball, etc.)
- trash bags and laundry bags for wet & dirty clothes
- reusable water bottle
- 2 towels
- toothbrush & paste
- soap and shampoo
- chapstick, hair brush
- sunglasses
- sunblock (at least SPF 15)
- books for free time
- letter writing materials, pen, paper, stamps and envelopes
- prescription medications - give to teachers (refer to FBES health form)

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## **Optional:**

- recreational equipment (ball & gloves, frisbee, etc.)
- a camera (digital, film, or disposable)
- playing cards and board games
- binoculars

## **Please Do Not Bring:**

- alarm clock
- anything electronic (PSP, Nintendo DS, iPods, TVs, radios, etc.)
- flashlights
- food, candy or gum
- jewelry or other expensive items
- knives
- money
- Cell Phones